



Whitford Catholic Primary School

Term 4 2018 CANTEEN MENU

[Order online at www.ouronlinecanteen.com.au](http://www.ouronlinecanteen.com.au)

Everyday Choices

Occasional Food

RECESS COUNTER SALES

Mini Pizza

\$1.50

Various Fresh Fruit

(Free) (Donations greatly appreciated)

Yogo Dairy Snacks (strawberry/choc)

\$1.80

See newsletter for specials of the day

prices vary

COLD LUNCHES

Buttered
Vegemite
Ham Deli fresh
Ham & Salad
Chicken 97% fat free
Chicken & Salad
Cheese fat reduced
Cheese & Salad
Egg
Egg & Salad
Tuna
Tuna & Salad
Salad (Tomato, carrot, cucumber, lettuce)

SANDWICHES

\$2.00
\$2.50
\$3.20
\$3.80
\$3.70
\$4.30
\$3.00
\$3.60
\$3.00
\$3.60
\$3.60
\$4.20
\$3.20

ROLLS / WRAPS

\$2.50
\$3.00
\$3.70
\$4.30
\$4.20
\$4.80
\$3.50
\$4.10
\$3.50
\$4.10
\$4.10
\$4.70
\$3.70

EXTRAS ADD

Cheese **80¢** Pineapple **60¢** Fresh Tomato **50¢**
Egg **\$1.00** Sauce sachet **40¢**

Mayonnaise, Tomato Sauce or Margarine will be added ONLY if requested.

Toasted Sandwiches:

Cheese **\$3.50**
Spaghetti & Cheese, Baked Beans & Cheese,
Ham & Cheese, Ham, Cheese & Tomato **\$4.30**
Chicken & Cheese, Tuna & Cheese,
Ham, Cheese & Pineapple, Chicken, Cheese & Pineapple **\$4.50**

SALAD BOXES

Salad \$4.00
(Lettuce, tomato, cucumber, grated carrot, onion, slice of orange and slice of bread and butter)
Chicken & Salad \$5.00 **Ham & Salad \$5.00**
Egg & Salad \$5.00 **Tuna & Salad \$5.00**

Sweet Chilli Chicken Tender can be added to salads for \$1.50 per tender or 5 Gluten Free Nuggets for \$1.50. All salads can be made to suit Gluten Free diets. Please make a note on your order.

HOT FOODS

Sausage Rolls/low fat	\$3.00
Party pie (low fat)	\$1.50
Meat Pie/low fat	\$3.50
Hot Chicken Roll with/without mayo	\$4.20
Nachos (Corn chips with salsa and cheese sauce - sour cream optional)	\$4.50
Gluten Free Fried Rice (200gm rice with pork & vegetables)	\$4.50
Mac n Cheese (200gm macaroni in creamy cheese sauce)	\$4.60



Available Mondays Only

5 Gluten Free Nuggets and 10 Potato Gems + Tomato Sauce	\$5.00
Pizza Singles 5 inch pizza. Ham & Pineapple	\$3.20
Hot Dog (97% fat free hotdog in long bun with tomato sauce)	\$3.50

Available Thursdays Only

Chicken Sub (Crumbed Chicken fillet, lettuce, tomato, cucumber and mayo – no variations)	\$5.00
Sweet chilli chicken wraps (Mild sweet chilli chicken tenderloins, sour cream, lettuce, tomato & carrot and a mild sweet chilli sauce wrapped in a tortilla wrap) (no variations)	\$5.00
Italian Meat Ball Sub (Italian Meatballs in a Pasta Sauce with Cheese in a long roll served warm)	\$5.00

DRINKS

Small Milk (Chocolate, Strawberry, Neopolitan)	\$2.20
600ml Water	\$1.60
100% Popper Juice (250ml Orange/Apple/Tropical/Apple & Blackcurrant)	\$1.50
Juice Bomb Sparkling Fruit Juice-Orange Passio, Apple Raspberry,	\$2.20
Plain Milk	\$1.40
Up and Go – Vanilla	\$1.60

LUNCH TIME COUNTER SALES

Fruit Icicles	10¢
Snappers	60¢
Ice creams at various prices	\$1.00 - \$2.00
Froyo2go	\$2.00
(Frozen Yoghurt - Gluten Free and Lactose Free Flavours available. Please be aware some flavours contain egg)	

**If the money for your child's lunch order is insufficient,
An alternate lunch will be provided to suit the money enclosed.**

**IF YOUR CHILD HAS ALLERGIES, SPECIAL NEEDS OR IS A VEGETARIAN
PLEASE INFORM CANTEEN CO-ORDINATORS.**